

## DR. UDDEEPTA DUTTA

Consultant - Gastroenterology

### Qualification

MBBS | MD (General Medicine ) | DM (Gastroenterology) | ESEGH (UK )

### Overview

Dr. Uddepta Dutta is a dedicated gastroenterologist known for his enthusiasm, reliability, and exceptional interpersonal and leadership skills. He is deeply passionate about delivering high-quality patient care and consistently demonstrates a strong commitment to learning new skills and sharing his knowledge with others. Dr. Dutta's academic journey culminated in a super specialisation in gastroenterology from the prestigious SSKM Medical College and Hospital. His professional experience is extensive, having worked in a tertiary care hospital where he was an integral part of a dedicated gastroenterology unit. This position has provided him with the opportunity to manage a diverse range of cases, from infectious diseases such as viral hepatitis to complex inflammatory bowel disease cases. His hands-on experience includes attending to patients in specialized outpatient departments like NVHCP (Non-Viral Hepatitis Control Program), IBD (Inflammatory Bowel Disease), Pancreatic, and Liver Transplant outdoor clinics. As a life member of the Indian Society of Gastroenterology (ISG), Dr. Dutta holds the fellowship reflecting his standing and recognition in the field. His expertise encompasses a broad spectrum of gastrointestinal disorders, making him a highly versatile and knowledgeable practitioner. In the realm of inflammatory bowel diseases, Dr. Dutta is proficient in managing conditions such as ulcerative colitis and Crohn's disease. His approach to treatment is patient-centric, emphasising the importance of tailored therapy plans that address the unique needs of each individual. This dedication ensures that his patients receive the most effective and compassionate care possible. Dr. Dutta's expertise extends to chronic liver diseases, including viral hepatitis B and C, alcohol-related liver diseases, and their complications such as upper gastrointestinal bleeding, ascites, and hepatic encephalopathy. His deep understanding of these conditions allows him to provide comprehensive care, from diagnosis to management and long-term follow-up. He is the best Gastro Medicine Doctor in Kolkata. In addition to liver diseases, Dr. Dutta is well-versed in the management of fatty liver disease, a growing concern in modern healthcare. His approach combines lifestyle modifications with medical therapy, aiming to improve patient outcomes and quality of life. His proficiency in pancreatic diseases, including acute and chronic pancreatitis, is complemented by his expertise in biliary tract disorders. Dr. Dutta is skilled in diagnosing and treating conditions such as gallstones and biliary obstruction, ensuring that his patients receive prompt and effective care. Dr. Dutta also has substantial experience in managing peptic ulcer disease, employing a range of diagnostic and therapeutic techniques to treat and prevent complications. Additionally, his capability in foreign body removal underscores his versatility and readiness to handle urgent and complex cases. Dr. Uddepta Dutta's profile reflects a career marked by dedication, continuous learning, and a profound commitment to patient care. His broad expertise and compassionate approach make him a highly respected and sought-after gastroenterologist in his field.

### Fellowship & Membership

- Life Member of Indian Society of Gastroenterology (ISG) - LM003035

### Field of Expertise

- Gastrointestinal symptoms like dyspepsia, diarrhoea, constipation, abdominal pain, dysphagia, hematemesis, melena, hematochezia and jaundice.
- Inflammatory bowel disease - Ulcerative Colitis and Crohn's Disease.
- Chronic Liver diseases like viral hepatitis B and C, Alcohol-related liver diseases and their complications like UGI bleeding, Ascites and Hepatic Encephalopathy.
- Fatty Liver Disease.
- Diseases of the Pancreas like Acute and Chronic Pancreatitis.
- Biliary Tract Disorders.
- Peptic Ulcer Disease.
- Foreign Body Removal.

## Languages Spoken

- English
- Bengali
- Hindi

## Awards & Achievements

- Runners up - Indian Rheumatology Association - Dr. SD Deodhar All India intercollegiate Post Graduate Rheumatology Quiz, 2018.
- TYSA Medicine East Zone - 3rd prize.
- Prafullabala Kiransasi Nag Memorial Oration and Quiz on Haematology, 2018 - runners up.
- Winner (1st prize) in TYSA Gastroenterology Quiz East Zone, 2023.
- ISG WB Chapter, February 2024- Third prize.

## Talks & Publications

- Dutta, Udbuddha & Dutta, Uddeepa. (2019). Observational Study of Magnitude of Ocular Manifestations of Rheumatoid Arthritis in A Tertiary Care Hospital in East India. International Journal of Ophthalmology & Eye Science. 404-411. 10.19070/2332-290X-1900082- ISG WB chapter Feb 2024 -Targeting cytokine pathways in IBD: Lessons from failure - Faculty presentation.
- A study on the efficacy of dilation in patients of primary esophagogastric junction outflow obstruction attending a tertiary care hospital. 64th Annual Conference of the Indian Society of Gastroenterology - ISGCON 2023 - December 21st-24th, 2023, Bengaluru. Indian J Gastroenterol 42 (Suppl 2), 125-263 (2023). <https://doi.org/10.1007/s12664-023-01471-4>.