

DR. NILOTPAL DUTTA

Consultant - Neuro-Otologist (Vertigo and Balance Clinic)

Qualification

MBBS | DLO | MS (ENT) | MRCS (ENT, UK) | DO-HNS (England) | FRSPH (London) | MRCPS (Glasgow, UK)

Overview

Dr. Nilotpall Dutta is an experienced and renowned consultant in the Department of Neuro-Otology (Vertigo and Balance Clinic) at Manipal Hospitals, Salt Lake. With 5+ years of specialised expertise in vertigo and balance disorders, Dr. Dutta holds an extensive educational background. He completed his Bachelor of Medicine and Bachelor of Surgery (MBBS), followed by a Diploma in Otorhinolaryngology (DLO) and a Master of Surgery (MS) in Ear, Nose and Throat (ENT). He later advanced his credentials with a Diploma in Otorhinology—Head and Neck Surgery (DO-HNS) from the Royal College of Surgeons (RCS), England, where he also attained MRCS(ENT) & MRCS(UK) from Royal College of Physician & Surgery GLASGOW. Additionally, Dr. Dutta has completed a Fellowship in Neuro-otology and a Certificate Course in the Assessment of Vertigo and Balance Disorders. With a strong clinical focus on Neuro-otology, Dr. Dutta specialises in diagnostic procedures such as video nystagmography (VNG), cervical vestibular evoked myogenic potential (cVEMP), etc. He is proficient in therapeutic manoeuvres for benign paroxysmal positional vertigo (BPPV), including Epley's and Semont's manoeuvres. He also holds expertise in performing several surgical procedures for vertigo and balance disorders, such as Posterior Semicircular Canal Occlusion and Vestibular Neurectomy, making him the best Neurootologist in Saltlake, Kolkata. Dr. Dutta is actively involved in various academic workshops, conferences and masterclasses, presenting several research papers and sessions related to Neuro-otology, Vestibulometry, and Vertigo Management. He is a member of several distinguished societies, including the Royal College of Physicians and Surgeons (RCPS), Glasgow, the Association of Otolaryngologists of India (AOI), and the Indian Society of Otology (ISO). As a dedicated academician, Dr. Dutta has co-authored medical books and contributed to numerous publications on vertigo management, atypical BPPV, and related topics. His leadership in the field is further demonstrated by his role as a speaker at many national and international conferences, including the SAARC ENT Congress and NESCON at AIIMS. Proficient in English, Hindi, and Bengali, Dr. Dutta is known for his patient-centric care, ensuring clear communication and personalised treatment for individuals suffering from vertigo, migraines, headaches, and other vestibular disorders.

Fellowship & Membership

- Member of the British Association of Audiovestibular Physicians (BAAP).
- Member of the Royal College of Physicians & Surgeons, Glasgow (UK).
- Member of the Association of Otolaryngologists of India (AOI).
- Member of the Indian Academy of Otolaryngology and Head and Neck Surgery (IAOHNS).
- Member of the Indian Society of Otology (ISO).
- Member of the Neuroequilibrimetric Society of the World (NES, Hungary).
- Member of the Neuroequilibrimetric Society of India.
- Member of the West Bengal Chapter of the Association of Otolaryngologists of India (WBAOI).
- Fellowship in Neurotology from IAOHNS, Kolkata.
- Travel Fellowship in Vertigo and Balance Disorders from Chennai.
- Fellowship in Neurotology (Vertigo & Balance Disorder) (Cal), (Chennai).

- Trained in Pediatric Vestibular Medicine, Liverpool(UK).
- Certificate Course in Assessment and Management of Vertigo and Balance Disorders (Bangalore).

Field of Expertise

- Proficient in conducting all types of diagnostic neurotological procedures, including Video Nystagmography (VNG), Dynamic Visual Acuity (DVA), Video Head Impulse Test (VHIT), Subjective Visual Vertical (SVV), Craniocorpography (CCG), Cervical Vestibular Evoked Myogenic Potential (cVEMP), Ocular Vestibular Evoked Myogenic Potential (oVEMP), and Electrocochleography (EcochG).
- Specialises in therapeutic manoeuvres for Benign Paroxysmal Positional Vertigo (BPPV) such as Epley's, Semont's, Modified Gufoni's, Barbeque, and Yacovino's manoeuvres.
- Expertise in surgical interventions for vertigo and balance disorders, including Posterior Semi-Circular Canal Occlusion, Vestibular Neurectomy, and Endolymphatic Sac Resection.
- Extensive experience in the treatment of tinnitus, psychogenic vertigo, complex headaches, and migraine-related vestibular disorders.

Languages Spoken

- Bengali
- Hindi
- English

Awards & Achievements

- Recognised as one of the few specialists in India with 4 years of intensive training in diagnostic and therapeutic neurotology.
- Attended the 30th NEBAIOCON, 2017.
- Participated in the CME on Neurotology and Temporal Bone Dissection at SMIMS, Sikkim.
- Completed a Temporal Bone Dissection Course at VIMS, Kolkata.
- Attended AOICON 2017 in Indore.
- Participated in the Workshop on FESS, Kolkata.
- Contributed to GIDDICON 2018, held in Patna.
- Participated in ISOCON 2018, Mysore.
- Attended a CME on Sleep Medicine, 2019.
- Engaged in MID-AIOHNS, Chennai, 2020.
- Convened the Cross ENT Talk.
- Attended the IAOHNS, 2021.
- Completed a masterclass in vertigo under Dr. Michael Strupp.
- Participated in the SAARC ENT Congress in Nepal.
- Attended NESCON, AIIMS, New Delhi.
- Paper Presentation: Atypical BPPV: Treatment Modalities presented in AIOCON 2018, Indore.
- Vestibulometry: Demonstration of Videonystagmography (VNG) in ISOCON, Mysore 2018.
- Video Nystagmography: An Essential Tool in Diagnosis in Vestibulometry Today, ISACON 2018, Mysore.
- Invited speaker at the Neurotology conference organised by MID IAOHNS on the topic "Role of VEMP in vestibular practice."
- Invited faculty (speaker) in the CONVENT ENT conference held in Guwahati on the topic "Modern Vestibulometry in clinical practice today."
- Invited national speaker and faculty in the Vertigo symposium in IAOHNS, 2021.
- Invited International faculty to the 11th SAARC ENT Congress in Nepal 2022.
- Invited speaker and panellist at NESCON 2022, AIIMS, New Delhi.
- Regularly conducts sessions on awareness of vertigo and balance disorders amongst students and the general

population.

- Poster presentation: Rhinophyma: A rare case report in AOICON, 2018, Indore.

Talks & Publications

- Co-Author of the Book ENT Residency Made Easy, Contributing the Chapter on Neurotology.
- Presented at Various National and International Conferences on Vertigo, Balance Disorders, and Neurotology.
- Published Articles and Case Studies on Vertigo, Tinnitus, and Vestibular Disorders in Reputed Medical Journals.
- Actively Involved in Research and Academic Discussions in the Field of Neurotology and Vestibular Medicine.
- Role of Betahistine in the Management of Vertigo.
- Wideband Tympanometry.
- Atypical BPPV: Diagnosis and treatment modalities.
- Post-BPPV syndrome.