

DR. M SUDHAKAR RAO

Consultant - Cardiology

Qualification

MD | DM (Cardiology) | FACC | FESC | FSCAI

Overview

Dr. M. Sudhakar Rao is a dedicated cardiologist in Bangalore, practicing as a Consultant - Cardiology at Manipal Hospital Sarjapur. With an extensive medical journey that spans over a decade, Dr. Rao has established himself as one of the best cardiologists in Bangalore. He completed his MBBS from Chhattisgarh Institute of Medical Sciences and earned an MD in Internal Medicine, followed by a DM in Cardiology from Kasturba Medical College. Dr. Rao's clinical acumen and procedural expertise are unparalleled. He has independently performed over 5,000 coronary angiograms, with two-thirds utilizing radial access and more than 1,500 angioplasties, including 500 primary percutaneous coronary interventions (PCIs). His skills extend to complex coronary lesion management, including bifurcation and left main coronary artery (LMCA) interventions, chronic total occlusions, and rotablation procedures. Beyond coronary interventions, Dr. M. Sudhakar Rao has vast experience in peripheral angioplasties, carotid artery interventions, and device closures for congenital heart defects such as atrial septal defect (ASD) and patent ductus arteriosus (PDA). His expertise in dialysis fistula interventions is among the largest single-center experiences in South Asia. In addition to his clinical practice, Dr. M Sudhakar Rao is a passionate educator and researcher. He has held positions as Assistant and Associate Professor in Cardiology at Kasturba Medical College, where he has mentored countless students and trainees. His academic contributions include an impressive portfolio of research publications and presentations at national and international conferences. Dr. Rao's dedication to advancing cardiology extends to organizing and participating in numerous academic events, including the annual Manipal Cardiology Update. His special interest in cardiac imaging, including cardiac CT and MRI, complements his comprehensive approach to patient care. Being multilingual and fluent in English, Kannada, Hindi, and Arabic, Dr. Rao ensures effective communication with diverse patient populations, fostering trust and understanding. With his exceptional clinical skills, academic contributions, and unwavering commitment to patient care, Dr. M. Sudhakar Rao is a leading figure in the field of cardiology in Bangalore, making a significant impact on the lives of his patients and the broader medical community.

Fellowship & Membership

- Lifetime Member of the Cardiology Society of India.
- Lifetime Member of the Indian Academy of Echocardiography.
- Lifetime Member of the Indian Association of Cardiac Imaging.

Field of Expertise

- Imaging And Physiology Guided Coronary Interventions
- AV fistula Access Angioplasty
- Complex Coronary Lesions Bifurcations
- Complete Total Occlusions And Rotational Atherectomy

- Vast Experience with Central Vein Interventions and Carotid Artery Interventions
- Peripheral Angioplasty including Subclavian, Renal, Iliac, Femoral, and Infra Popliteal Lesions
- Comprehensive Management of Heart Failure

Languages Spoken

- Kannada
- English
- Hindi
- Telugu

Awards & Achievements

- Lt Dr Arun Kusgal Gold Medal for the best outgoing postgraduate student in Cardiology, Kasturba Medical College, Manipal Academy of Higher Education, Manipal.

Talks & Publications

- Lasso technique using the trans-radial approach to facilitate stent graft delivery to aortic arch during TEVAR – ASIA AICT PCR held in Singapore from 4th to 6th July 2019.
- Lasso technique using the trans-radial approach to facilitate stent graft delivery to aortic arch during TEVAR – Cardiology Society Of India 2018 held in Mumbai.
- Prevalence of coronary artery disease and its risk factors in patients undergoing permanent pacemaker implantation- ASIA AICT PCR held in Singapore from 4th to 6th July 2019.
- Effect of successful percutaneous balloon mitral valvotomy On aortic elastic properties in mitral stenosis: An Indian subcontinent perspective- ASIA AICT PCR held in Singapore from 4th to 6th July 2019.
- Catastrophic coronary embolism during percutaneous balloon mitral valvotomy - Advanced Cardiology Meeting & FESC International Program 2019.