

DR. IDRIS KAMRAN

Associate Consultant - Orthopaedics

Qualification

MBBS | MS Ortho

Overview

Dr. Idris Kamran is a highly skilled orthopedic doctor at Manipal Hospitals, Sarjapur Road, Bangalore, specialising in Orthopaedics and Trauma, Joint Replacement, and Sports Injuries. His goal is to restore mobility and enhance the quality of life for his patients. Known for his empathetic patient care, meticulous attention to detail, and strong clinical evaluation and decision-making, Dr. Kamran stands out for his patient-focused approach. He is the best orthopaedic doctor in Sarjapur, Bangalore. After completing his MBBS from the prestigious Bangalore Medical College and Research Institute, Bangalore, Dr. Kamran pursued his MS in Orthopaedics at Mysore Medical College and Research Institute. He then advanced his expertise with a DEPUY Fellowship in Hip and Knee Arthroplasty under the guidance of renowned faculty, gaining proficiency in primary, complex primary, and revision arthroplasty surgeries. Driven by a strong interest in sports injuries, Dr. Kamran furthered his specialisation by completing a post-doctoral fellowship in Arthroscopy and Sports Medicine at Manipal Hospitals. To deepen his knowledge of sports injuries and preventive strategies, he also earned a FIFA Diploma in Football Medicine. Dr. Kamran actively participates in conferences and professional forums to stay current with the latest advancements in orthopedic care. This commitment to continuous learning ensures that he offers his patients the most effective and innovative treatment options. With extensive experience in managing sports injuries, including Arthroscopic Repairs and Ligament Reconstruction, Dr. Kamran has honed his skills in high-volume trauma centres since the early stages of his career. His expertise spans the management of both adult and paediatric trauma, including complex injury cases.

Fellowship & Membership

- Fellowship in Arthroscopy and Sports Medicine
- Fellowship in Hip and Knee Arthroplasty
- FIFA Diploma in Football Medicine
- Indian Arthroscopy Society
- Karnataka Orthopaedic Association

Field of Expertise

- Musculoskeletal trauma, both Adult and Paediatric.
- Knee and shoulder Arthroscopic Surgeries including shoulder replacement surgery.
- Hip and knee Arthroplasty- Primary and Revision Surgeries and Robotic Joint Replacement.
- Sports injuries- Prevention and Management.

Languages Spoken

- English
- Kannada
- Hindi
- Telugu
- Tamil

Talks & Publications

- Published in the Indexed journal- Journal of Orthopaedics Traumatology and Rehabilitation "Surgical dislocation of AC Joint dislocation with AC Hookplate"- 2018.
- Published in International Journal of Orthopaedic Sciences-2017 "Functional Outcome of Surgical Management of Floating Knee Injuries in Adults and its Prognostic Indicators".
- Published in International Journal Res Orthop- 2017 "Management of CTEV using Ponsetti Method - a three year follow up".
- Presented in KOACON 2018 "A case report on Pre-centralisation distraction using Orthofix in neglected radial club hand".
- Presented in KOACON 2018 "Surgical Management of Distal Humerus Fractures by Locking Compression Plate using Dual Plate Technique".
- Participated in Complex Primary and Revision Hip Arthroplasty Conclave in 2021.
- Attended Advanced Arthroscopy Shoulder Conference in 2022.
- Attended Symposium on surgical Approaches to Hip Replacement and also attended Bangalore Arthroscopic Conclave in 2023.