

DR. UMESH K J

Consultant - Medical Gastroenterology

Qualification

MBBS | MD(Internal medicine) | DM (Medical Gastroenterology)

Overview

Dr. Umesh K J is an expert gastroenterologist in Bangalore. He is currently practising at Manipal Hospitals Sarjapur Road, Bangalore, as a Consultant - Medical Gastroenterology. With an impressive academic background, he holds an MBBS degree, an MD in Internal Medicine, and a DM in Medical Gastroenterology from the esteemed Christian Medical College (CMC), Vellore. His pursuit of excellence led him to further his career at CMC, where he served as an Assistant Professor for two years, gaining invaluable experience in the field of gastroenterology. Dr. Umesh K J is known for his expertise in managing a wide range of gastrointestinal (GI) emergencies, including GI bleeding, foreign body ingestion, corrosive injuries, and cholangitis. His proficiency extends to advanced procedures such as Endoscopic Retrograde Cholangiopancreatography (ERCP) and Endoscopic Ultrasound (EUS), where he demonstrates exceptional skill and precision. He is also adept at handling complex cases of Inflammatory Bowel Disease (IBD). Dr. Umesh has considerable experience performing plasma exchanges in patients with Acute Liver Failure (ALF) and Acute-on-Chronic Liver Failure (ACLF). Dr. Umesh's clinical acumen is complemented by his multilingual ability. He is fluent in Kannada, English, Hindi, and Tamil. This linguistic versatility allows him to connect with a diverse patient population, ensuring effective communication and understanding. Besides, his dedication to advancing medical knowledge is reflected in his research contributions, including studies on the efficacy of X-pert Ultra in diagnosing intestinal tuberculosis, the use of the AST to platelet ratio for predicting mortality in Chronic Liver Disease (CLD), and a comparative study of ALBI, MELD, and CTP scores for predicting mortality in cirrhotic patients with upper GI bleeding. In addition to his clinical and academic endeavours, Dr. Umesh is committed to staying at the forefront of gastroenterological advancements, continuously improving patient outcomes through innovative treatments and evidence-based practices. His expertise, compassion, and dedication make him a trusted and respected figure in medical gastroenterology.

Fellowship & Membership

- Member of the Indian society of gastroenterology

Field of Expertise

- GI emergencies (GI bleeding, foreign body, Corrosive, cholangitis)
- ERCPs and EUS
- Managing complex IBD cases
- Plasma exchange in ALF/ACLF

Languages Spoken

- Kannada
- English
- Hindi
- Tamil

Talks & Publications

- Efficacy of X-pert Ultra in diagnosis of Intestinal tuberculosis.
- AST to platelet ratio for predicting mortality in CLD.
- A comparative study of ALBI, MELD and CTP score for predicting mortality in cirrhotic patients with upper GI bleed.