

DR. RAMYA SRI KODALI

Consultant - Rheumatologist

Qualification

MBBS | DNB (General Medicine) | DrNB (Rheumatology & Immunology)

Overview

Dr. Ramya Sri Kodali is an highly experienced rheumatologist and clinical immunologist based in Bangalore, specializing in autoimmune diseases, musculoskeletal disorders, and inflammatory conditions. She is currently practicing as a Consultant-Rheumatology at Manipal Hospital, Sarjapur Road, Bengaluru. With a strong background in diagnostic immunology and inflammatory disease management, she excels in providing comprehensive care for autoimmune and rheumatic conditions while integrating evidence-based treatments with a patient-centric approach. Dr. Ramya holds an MBBS from Siddhartha Medical College, Vijayawada, followed by a Diplomate of National Board (DNB) in Internal Medicine from Bhagwan Mahaveer Jain Trust Hospital, Bangalore. She further pursued a Doctorate of National Board (DrNB) in Clinical Immunology and Rheumatology from St. John's National Academy of Health Sciences, demonstrating her commitment to advancing rheumatology and immunology expertise. Dr. Ramya has extensive clinical and procedural expertise, including diagnostic and therapeutic arthrocentesis, intra-articular injections, ultrasonography of joints, ANA pattern recognition via immunofluorescence, nail fold capillaroscopy, and skin, nerve, and muscle biopsies. She is also proficient in emergency procedures, including endotracheal intubation, thoracentesis, paracentesis, and lumbar puncture. Her ability to combine clinical assessments with advanced imaging and diagnostic tools ensures precision in rheumatologic care. Dr. Ramya specializes in managing complex autoimmune rheumatic diseases (AIRDs) with a multidisciplinary approach, effectively treating conditions such as systemic lupus erythematosus (SLE), rheumatoid arthritis, inflammatory myositis, fibromyalgia, osteoarthritis, and macrophage activation syndrome. She has a keen interest in the neuropsychiatric aspects of autoimmune disorders, including cognitive dysfunction, mental health in AIRDs, and remission strategies for lupus patients. Her compassionate and evidence-based medical approach empowers patients to navigate chronic illnesses with confidence and resilience. Dedicated to advancing rheumatology research, Dr. Ramya actively contributes to clinical studies and peer-reviewed journals, authoring publications on neuropsychiatric manifestations in lupus, autoantibody screenings, and immunological insights into inflammatory conditions. She has also presented her findings at international conferences, including EULAR and IRACON, further enriching the scientific discourse in autoimmune research. Her involvement in community healthcare programs, including medical camps and national immunization initiatives, underscores her dedication to bridging gaps in immunology-based patient care. Dr. Ramya is a member of prestigious medical organizations, including the Association of Physicians of India, Indian Rheumatology Association, and APLAR Young Rheumatology Association. She ensures effective communication with patients from diverse backgrounds, providing personalized, empathetic, and research-backed treatments.

Fellowship & Membership

- Association of Physicians of India
- Indian Rheumatology Association
- APLAR Young Rheumatology Association

Field of Expertise

- Arthritis and related diseases such as Rheumatoid Arthritis, Psoriatic Arthritis, Gout, Osteoarthritis and Spondyloarthritis
- Systemic Connective Tissue Diseases such as SLE, Sjogren's, Scleroderma, and Myositis
- Soft Tissue Rheumatism Fibromyalgia and Chronic Pain Syndromes
- Systemic Vasculitis, Such as ANCA Vasculitis, Takayasu Arteritis, and Cutaneous Vasculitis
- Allergy and Related Diseases
- MSK Ultrasound

Languages Spoken

- Telugu
- English
- Hindi
- Tamil

Awards & Achievements

- Secured 2nd Highest Mark In DrNB Final Exit Examinations Rheumatology, 2024
- 1st Runner Up : Torrent's Young Scholars Award (TYSA), 2023
- Best Thesis Dissertation – National Board Of Examinations, 2023
- 1st Prize In Quiz - Clinical Rheumatology Conference HYDERABAD, 2022
- 3rd Prize In Quiz - Dermatology-Rheumatology Interface Karnataka

Talks & Publications

- Kodali R, Umesh S, Selvam S, Kamath D, Shobha V. Timing of tofacitinib therapy is critical to improving outcomes in severe-critical COVID-19 infection: A retrospective study from a tertiary care hospital. Medicine (Baltimore). 2022 Oct 28;101(43):e30975. doi: 10.1097/MD.00000000000030975
- Rao VK, Kodali RS, Patil A, Chebbi P, Subramanian R, Kumar S, Singh YP, Chandrashekara S, Shobha V. Clinical profiling, treatment characteristics, and outcome in Behcet's Disease (BD) - A retrospective cohort study from the Karnataka Rheumatology Association (KRA). Clin Rheumatol. 2024 Oct;43(10):3223-3230. doi: 10.1007/s10067-024-07089-x
- Shobha V, Kodali R, Amin SN, Srivastava P, Sharma B, Goel R, Ganapati A, Dhote S, Janardana R, Rajasekhar L, Misra R. Effectiveness of generic tofacitinib in idiopathic inflammatory myositis (IIM)—a retrospective analysis from the Indian Myositis Registry (MyoIN). Clin Rheumatol. 2024 Jul;43(7):2245-2252. doi: 10.1007/s10067-024-07019-x. Kodali RS, Salazar LJ, Aithala R, et al. Pos1453-pare Screening And Linkage To Psychiatric Services For Depression And Anxiety In SLE Patients—A Cross-sectional Study From A Tertiary Care Centre In South India. Annals of the Rheumatic Diseases
- 2024;83:1221-1222. 5. Shobha V, Kodali RS, Pinto B, et al. AB0562 Liver Enzyme Abnormalities in Hospitalised Lupus Patients - A Retrospective Study. Annals of the Rheumatic Diseases 2022; 81:1407-1408