

DR. SINDHU P MADANSHETTY

Consultant - Internal Medicine

Qualification

MBBS | MD - Internal Medicine

Overview

Dr. Sindhu P Madanshetty is a compassionate and patient-centric Internal Medicine specialist with over 8 years of extensive clinical experience. She is currently practising as a Consultant - Internal Medicine at Manipal Hospital Sarjapur Road, Bangalore. Known for her strong clinical acumen and a holistic approach to patient care, she focuses on delivering evidence-based and individualised treatment strategies for optimal patient outcomes. Dr. Sindhu has a special interest in the comprehensive management of diabetes, including gestational diabetes, and is particularly adept at the early detection and management of associated complications such as diabetic neuropathy and nephropathy. She places a significant emphasis on prevention, early intervention, and the long-term management of various non-communicable diseases. Her expertise also extends to effectively addressing the complex interplay between metabolic conditions like dyslipidemia, hypertension, hyperuricemia, obesity, and thyroid disorders. Her broad clinical proficiency also encompasses the accurate diagnosis and effective management of a wide array of infectious diseases. This includes common ailments like pneumonia, gastroenteritis, and urinary tract infections, as well as endemic diseases such as dengue and malaria, ensuring timely and effective treatment for both acute and chronic infections. Furthermore, Dr. Sindhu is highly skilled in efficiently managing critically ill patients, providing expert care for severe conditions including sepsis, ARDS (Acute Respiratory Distress Syndrome), viral pneumonia, various poisonings, and cardiogenic shock. Dr. Sindhu completed her foundational medical education with an MBBS from Karnataka Institute of Medical Sciences, Hubli. She further specialised in Internal Medicine, earning her MD from Bangalore Medical College and Research Institute, Bangalore. She is fluent in English, Kannada, and Hindi, enabling effective communication with a diverse patient population.

Fellowship & Membership

- Member Of Indian Society Of Critical Care Medicine (ISCCM)

Field of Expertise

- Noncommunicable Diseases: Diabetes And Micro And Macrovascular Complications
- Hypertension And Accelerated Hypertension
- Hypothyroidism And Thyroid-Related Illness
- Infectious Diseases: Pneumonia
- Urinary Tract Infectious Pyelonephritis
- Dengue Malaria Other Endemic Diseases

Languages Spoken

- English
- Kannada
- Hindi