

DR. KRITHI SUBHAS CHANDRA

Consultant- Dermatology

Qualification

MBBS | MD(DVL)

Overview

Dr. Krithi Subhas Chandra is a highly skilled and compassionate dermatologist based in Bangalore, bringing 6 years of experience in the field. She is currently practising as a Consultant- Dermatology, at Manipal Hospital Sarjapur Road, Bengaluru. Dr. Krithi completed her foundational medical education with an MBBS from St. John's Medical College in 2018. She further specialised in Dermatology, Venereology & Leprosy, earning her MD from Kempegowda Institute of Medical Science, Bangalore, in 2022. A topper in university academics, she secured the 8th Rank in the MD Dermatology examinations conducted by Rajiv Gandhi University of Health Sciences (RGUHS). She has also earned several accolades at national and international forums and was awarded winner of the IADVL-GSK National Quiz Program (State Level) for Postgraduates. As an academically distinguished and committed dermatologist, Dr. Krithi specialises in Clinical Dermatology, Aesthetic Dermatology, Trichology, Dermatosurgery, and the management of Sexually Transmitted Diseases. With a keen interest in advancing dermatological research and clinical practices, Dr. Krithi possesses extensive expertise in treating a wide spectrum of skin and hair conditions. She is proficient in the use of advanced therapies, including biologicals, for comprehensive dermatological care. Her surgical skills are well-versed, allowing her to perform various Dermatosurgical procedures such as excision of cysts and lipomas, vitiligo surgery, mole removal, and nail surgery. Additionally, she expertly carries out radiofrequency ablation for conditions like warts and skin tags. Dr. Krithi is also thoroughly trained in a range of aesthetic procedures, including chemical peels, Botox, fillers, and various laser treatments for the management of acne scars, pigmentation, and skin rejuvenation, as well as PRP (Platelet-Rich Plasma) treatment for hair. A firm believer Dr. Krithi actively involves in research and academic domain. She has presented multiple award-winning papers and posters at several national and international conferences. Her research work titled 'Not the usual target – autoimmune disorders in pregnancy: a case series' received First Place in the Award Paper Category at the 12th Annual Conference of IADVL Karnataka – CUTICON KN 2021. Rituximab therapy for systemic lupus erythematosus: a case series', presented at the 9th Mid-Year Annual Conference of IADVL – MID DERMAICON 2021 and A comparative evaluation of intralesional steroid, its combination with hyaluronidase and topical silicone gel sheet in the treatment of Keloids' presented at the 50th National Conference of IADVL – DERMAICON 2022 and the European Academy of Dermatology and Venereology (EADV) International Conference 2023 held in Berlin, Germany, are her other notable research works. Dr. Krithi's global engagement is highlighted by her being awarded the prestigious IADVL Scholarship to attend the SAARCD Conference in 2023. Known for her patient-centered approach, Dr. Krithi firmly believes in a holistic management strategy for all skin, hair, and nail disorders. She is an active member of the Indian Association of Dermatologists, Venereologists and Leprologists (IADVL). She is fluent in English, Hindi, and Kannada, enabling effective communication and care for a diverse patient population.

Fellowship & Membership

- Fellowship in Aesthetic Dermatology

Field of Expertise

- Clinical Dermatology
- Aesthetic Dermatology
- Trichology
- Dermatosurgery
- Sexually Transmitted Diseases

Languages Spoken

- English
- Hindi
- Kannada

Awards & Achievements

- IADVL Scholarship for SAARCD Conference 2023
- Secured RGUHS Rank 8 in MD University Exams
- Secured 1st place for Paper Presentation for paper titled 'Not the usual target - autoimmune disorders in pregnancy: a case series' under the award paper category in the 12th annual conference of IADVL Karnataka - CUTICON KN held on 18th & 19th December 2021
- Winner of IADVL GSK National quiz program for Postgraduates - State level quiz

Talks & Publications

- Poster presentation titled 'A comparative evaluation of intralesional steroid, its combination with hyaluronidase and topical silicone gel sheet in the treatment of Keloids' at the EADV International Conference held in Berlin, Germany, from 11th to 14th October 2023.
- Presented paper titled 'A comparative evaluation of intralesional steroid, its combination with hyaluronidase and topical silicone gel sheet in the treatment of Keloids' in the free paper category at the 50th National Conference of IADVL - DERMACON 2022 held from 4th to 6th February, 2022
- 'Not the usual target - autoimmune disorders in pregnancy: a case series' paper presented in the award paper category for case series at the 12th Annual Conference of IADVL Karnataka - CUTICON KN 2021 held on 18th & 19th December, 2021
- Rituximab therapy for systemic lupus erythematosus: a case series' paper presented at the 9th Mid year Annual Conference of IADVL - Mid Dermacon 2021 held from 28th to 30th October, 2021 in Mangalore