

DR. ANSHUMAN RAJKHOWA

Associate Consultant - Pulmonology

Qualification

MBBS | MD (TB and Chest Disease) | Dnb (Respiratory Medicine)

Overview

Dr. Anshuman Rajkhowa is a highly skilled and one of the best Pulmonologist in Bangalore with a strong academic background and extensive clinical experience in managing a wide range of respiratory conditions. He is currently practicing as a Associate Consultant - Pulmonology at Manipal Hospital, Sarjapur Road, Bengaluru. He began his medical journey with an MBBS from Gauhati Medical College, SSUHS, graduating with first-class distinction. Motivated to specialise in respiratory medicine, he pursued an MD in Respiratory Medicine from the same university, where he secured the Gold Medal and Rank 1. Following this, he completed his DNB in Respiratory Medicine, New Delhi. After completing his MD, Dr. Rajkhowa worked as a Senior Resident, where he gained invaluable hands-on experience, particularly in managing cases of severe respiratory failure, post-COVID sequelae, and ventilatory support, during his extensive work in a dedicated 200-bed COVID ICU at the peak of the pandemic. He was also actively involved in bronchoscopy and pleuroscopy procedures, alongside participating in departmental undergraduate and postgraduate teaching. He is a lungs specialist in Sarjapur Road. To further refine his procedural skills, Dr. Rajkhowa joined the Department of Interventional Pulmonology at Apollo Hospitals, Bengaluru. There, he independently performed advanced procedures such as ICU bronchoscopy, diagnostic and therapeutic Bronchoscopy, semi-rigid and rigid pleuroscopies. His expertise includes Transbronchial Lung Biopsy (TBLB), Cryotherapy-based Lung Biopsy (Cryo Biopsy), Endobronchial Ultrasound-Guided Transbronchial Needle Aspiration (EBUS-TBNA) for lung cancer staging, and tracheal and airway stenting. He also developed a deep interest in sleep medicine, evaluating and managing patients with obstructive sleep apnea, including diagnostic sleep studies and CPAP therapy. Most recently, Dr. Rajkhowa served as Assistant Professor and In-Charge of the Department of Respiratory Medicine. Working in the heavily industrialised township of Hosur, he gained significant experience in dealing with a variety of occupational lung diseases. His core areas of interest encompass interventional pulmonology, smoking-related lung diseases, occupational lung disease, asthma, chronic cough, tuberculosis, and especially sleep-disordered breathing. He is passionate about integrating sleep diagnostics into routine respiratory care and advocating for the early detection of undiagnosed sleep apnoea. Dr. Rajkhowa also has a keen interest in the diagnosis, staging, and management of lung cancer cases, integrating empathy with clinical care.

Field of Expertise

- Bronchoscopy
- Pleuroscopy
- Airway Procedures: Stenting, Foreign Body Removal
- Sleep Medicine: Obstructive Sleep Apnea
- Sleep Studies
- Chronic Diseases
- COPD
- Asthma
- Occupational Lung Disease
- Infective Lung Disease

- Tuberculosis
- Preventive Focus: Smoking Cessation
- Lung Cancer Diagnosis and Workup

Languages Spoken

- English
- Assamese
- Kannada
- Tamil
- Hindi
- Bengali

Awards & Achievements

- University gold medalist in MD exams and 1st prize in napcon quiz, 2019, Kochi

Talks & Publications

- Understanding the Ebus scope, respiratory update, Guwahati 2024.
- Basics of Bronchoscopy, respiratory update, Guwahati, 2025