

DR. NITIN KALADAGI

Consultant - Plastic, Reconstructive & Cosmetic Surgery

Qualification

MBBS | M.S (Gen Surgery) | M.Ch (Plastic, Aesthetic and Reconstructive Surgery)

Overview

Dr. Nitin Kaladagi is one of the best highly skilled Consultant Plastic, Aesthetic & Reconstructive Surgeon in Bangalore with over 10 years of extensive expertise in advanced cosmetic and reconstructive procedures. He is currently practising as a Consultant - Plastic, Reconstructive & Cosmetic Surgery at Manipal Hospital, Sarjapur Road, Bengaluru. He received his foundational training at AIIMS, New Delhi, India's premier medical institute. He further honed his skills in Craniofacial Surgery, Pediatric Plastic Surgery, Microvascular Reconstruction, Hand Surgery, and Peripheral Nerve Surgery at the University of Birmingham, UK, under the guidance of globally renowned surgeons. Dr. Kaladagi holds the unique distinction of being part of India's first endoscopic craniostylosis release team and the craniopagus twin separation team at AIIMS. His extensive experience includes working at India's largest Level 1 trauma centre (JPNATC, AIIMS), where he treated armed forces and paramilitary personnel. He has also collaborated with BAPRAS (UK) and MIRACLES (Max Hospital, Delhi) for advanced aesthetic training. His specialisations include a wide range of procedures, including Cosmetic and Aesthetic Surgery (Rhinoplasty, Gynecomastia Correction, Breast Augmentation, Liposuction, Facelifts, Abdominoplasty). In Reconstructive Surgery, his expertise covers Microvascular Replantation of limbs and fingers, Trauma Reconstruction of face, hands, and limbs, Free Flaps, Breast Reconstruction, Post-Oncologic Defect Repair, and Microvascular surgery. He is also proficient in Cleft, Craniofacial & Paediatric Plastic Surgery, Hand surgery, peripheral nerve surgery, and brachial plexus injury management. Additionally, he specializes in Diabetic foot management, Burns & Post-Burn Deformity Correction. Dr. Kaladagi's expertise in microsurgery has led him to perform intricate free flap surgeries crucial for trauma reconstruction, as well as head and neck and breast cancer reconstruction in close collaboration with the surgical oncology team. He also offers specialised care in hand surgery and brachial plexus repair, aiming to restore hand function in patients with nerve injuries, congenital deformities, and trauma. With a keen interest in the biomechanics of the foot, he excels in treating diabetic foot conditions and preventing amputations. His skilful management of peripheral nerve surgeries has made him one of the most sought-after plastic surgeons in Bangalore for delicate nerve repairs and reconstructions. Committed to personalised, ethical, and evidence-based care, Dr. Kaladagi emphasises natural-looking results, patient safety, and interdisciplinary collaboration. Fluent in multiple languages, he ensures seamless communication with all his patients. He values clear communication, educating his patients about their condition and treatment options, and empowering them to make informed decisions. His meticulous surgical planning and attention to detail minimise complications and promote faster recovery. An academically active surgeon, he is involved in research, teaching, and publications, upholding the highest standards in plastic surgery. His research in craniofacial surgery, hand surgery & finger reconstruction has been published in international scientific journals. He is also an author in the internationally published "Textbook of Plastic, Reconstructive, and Aesthetic Surgery."

Field of Expertise

- Facial and hand Reconstructive Surgery
- Aesthetic/Cosmetic Surgery
- Microvascular Surgery

- Body Contouring
- Liposculpting
- Abdominoplasty
- Rhinoplasty
- Buttock Augmentation
- Cranio-Maxillo-Facial Surgery
- Fat Grafting And Facial
- Rejuvenation
- Breast Augmentation/reduction
- Facelift & Necklift
- Vaginoplasty/Vaginal Rejuvenation

Languages Spoken

- Kannada
- English
- Hind
- Telugu
- Tamil
- Malayalam

Awards & Achievements

- International Surgical Training Programme Of Royal College Of Surgeons, England-2024
- Worked As Part Of A Surgical Team That Has Performed Indias' First Endoscopic Craniosynostosis Release And Asbeen Part Of The Post-operative Care Team For A Successful Craniopagus Twin Separation Program At Aims, New Delhi.

Talks & Publications

- 2023 – Kaladagi N, Manas RK. A Prospective Study of Graft Repositioning Over Flap Technique for Reconstruction of Fingertip Amputation. J Hand Surg Asian Pac Vol. 2023 Dec 5. DOI: 10.1142/S2424835523500704
- 2015 – Mendonca D, Gajje S, Kaladagi N. Fronto-Orbital Advancement: Revisited. J Cleft Lip Palate Craniofacial Anomaly 2015; 2: 20-6
- 2018 – Mendonca D, Kaladagi N. Principles of Craniofacial Surgery. Textbook of Plastic, Reconstructive, and Aesthetic Surgery 2018; 3: 315-24
- 2020 – Thesis for M.Ch (Plastic and Reconstructive Surgery) – A Prospective Study of Graft Repositioning Over Flap for Fingertip Amputations, Accepted by AIIMS, New Delhi for the Academic Year of 2020. Published Recently (December 2023) in the Journal of Hand Surgery (Asia-Pacific Volume)
- 2014 – Thesis for M.S. (General Surgery) – Surgical Management of Blunt Trauma Abdomen, Accepted by RGUHS, Bangalore for the Academic Year of 2013-14
- January 2019 – As a Speaker → AIIMS CME – “Wound Care and Pressure Sore Prevention”, AIIMS, New Delhi, India
- October 2019 – Masterclass on Craniomaxillofacial Reconstruction, AIIMS, New Delhi
- January 2015 – BAPRAS – Craniofacial Osteotomy CME, Sakra World Hospital, Bangalore, Karnataka, India
- January 2016 – AO CMF – Principles in Craniomaxillofacial Fracture Management, Bangalore, Karnataka, India