

DR. SAMEER K M

Associate Consultant - Orthopaedics, Sports Medicine, Arthroscopy, and Robotic Joint Replacement

Qualification

MBBS | MS (Orthopaedics) | DNB (Orthopaedics) | MRCS (Edinburgh) | Dip. FIFA (SM) | Dip. SICOT(Belgium) | Fellowship in Arthroscopy and Arthroplasty (SOI)

Overview

Dr. Sameer K M is a highly accomplished Orthopaedic Surgeon with over 8 years of dedicated experience, specializing in Sports Medicine, Arthroscopy, and Advanced Joint Replacement (both conventional and robotic). He is currently practising at Manipal Hospital Sarjapur Road Bangalore, as an Associate Consultant in Orthopaedics, Sports Medicine, Arthroscopy, and Robotic Joint Replacement. His practice is centred on restoring mobility and enhancing the quality of life for patients dealing with complex musculoskeletal and sports-related injuries. His expertise is driven by a continuous pursuit of surgical excellence and evidence-based practice. Dr. Sameer's strong academic foundation began with his MBBS from Bangalore Medical College and Research Institute (2017). He further specialised, obtaining his M.S. in Orthopaedics from Government Medical College, Thrissur (KUHS, 2021), followed by the prestigious DNB in Orthopaedics (2022) from the National Board of Examinations, India. He has extensive experience serving as a Senior Resident at Government Medical College, Thrissur, and Oxford Medical College, managing diverse trauma and elective cases. To refine his subspecialty skills, Dr. Sameer completed a dedicated Fellowship in Arthroscopy and Arthroplasty at the Sports Orthopaedic Institute, Bangalore. This advanced training focused on modern arthroscopic procedures, specialized sports injury management, and utilizing both conventional and robotic techniques for joint replacement. This comprehensive training ensures his patients benefit from cutting-edge, minimally invasive solutions. His clinical expertise spans the full spectrum of orthopaedic care, with a focused commitment to Sports Medicine. He excels in treating ligament injuries, managing complex joint replacement cases, and utilising arthroscopy for precise, rapid recovery. His dedication extends to integrating surgical precision with empathetic patient-centred care, making complex treatments understandable and accessible. Dr. Sameer K M maintains an extraordinary commitment to global learning and academic excellence. He is actively involved in numerous international orthopaedic programs, including the Diploma in Sports Medicine at the International Olympic Committee (ongoing), a Dip. FIFA in Football Medicine (2023), Dip. SICOT (Belgium, 2024), and preparation for MRCS (Edinburgh, 2025). This commitment ensures he continuously integrates the newest global standards and innovations into his practice.

Field of Expertise

- Sports Injuries & Arthroscopic Surgery
- Ligament Reconstruction (ACL, PCL, Shoulder, Ankle)
- Robotic & Conventional Arthroplasty (Knee, Hip, Shoulder)
- Complex Trauma & Fracture Management
- Sports Orthopaedic Medicine & Rehabilitation

Languages Spoken

- English
- Hindi
- Kannada
- Malayalam
- Tulu

Awards & Achievements

- Best Outgoing Postgraduate Student – Govt. Medical College, Thrissur Best Outgoing Fellow - SOI, Bangalore

Talks & Publications

- Presentation at SICOT at Madrid 2025: Post Traumatic AVN Talus: Does Early Intervention with Stem Cell Therapy Revascularise the Bone?
- Presentation at SICOT at Madrid 2025: - Effectiveness of Platelet Rich Plasma (Prp) Injection for Patellar Tendinopathy with Anterior Cruciate Ligament (Acl) Laxity.
- Presentation at SICOT at Madrid 2025: - Core Decompression with Stem Cell Therapy for Avascular Necrosis. Is this A Viable Treatment Option?
- Presentation at SICOT at Madrid 2025: - Tension Free Repair of Tendo-Achilles Re-Rupture. Are Allografts the Appropriate Choice?
- Presentation at Thrissur Orthopaedic Society: Limb salvage in Malignant Bone Tumours- A Prospective Follow-Up Study Conducted at Government Medical College, Thrissur from 2017 to 2020.
- Irreducible Monteggia variant in an 11-year-old boy treated by ulnar osteotomy (GMC, THRISSUR) , J. Evid. Based Med. Healthc., pISSN- 2349-2562, eISSN- 2349-2570/ Vol. 7/Issue 17/April 27, 2020.
- Limb salvage in Malignant Bone Tumours- A Prospective Follow Up Study Conducted at Government Medical College, Thrissur from 2017 to 2020, J Evid Based Med Healthc, pISSN - 2349-2562, eISSN - 2349-2570 / Vol. 8 / Issue 28 / July 12, 2021.
- Evaluation of functional and radiological outcome of patients with medial malleolar fractures treated by open reduction and internal fixation at Government Medical College, Thrissur -A Prospective study during October 2019 to October 2020, IJAR, Volume - 11 | Issue - 11 | November - 2021 | PRINT ISSN No. 2249 - 555X | DOI: 10.36106/ijar.