



DR. ARUNIMA HALDAR

Consultant - IVF & Reproductive Medicine

Qualification

MBBS | MS(Obgyn) | DNB (Obgyn) | FNB (Reproductive Medicine)

Overview

Dr. Arunima Haldar, IVF & reproductive medicine specialist in Varthur Road, has extensive expertise in clinical practice and clinical research in the field of gynaecology. This Bangalore-based consultant specialising in reproductive medicine and IVF treatment is now offering services at the Manipal Hospital located in Whitefield. Possessing more than 13 years of experience in reproductive health, infertility treatment, and prescribing reproductive medicine, this obstetrician has helped several young parents to conceive naturally. Her passion to excel in the arena of reproductive health made her hold ISAR membership at the reputed Indian Society of Assisted Reproduction. Dr. Arunima is a specialist in the field of reproductive endocrinology, infertility and IVF treatments. The BACC Healthcare Pvt. Ltd. conferred her the best outgoing student award for her performance in reproductive medicine. She is one of the few gynaecologists to utilise the revolutionary method of egg freezing technique to help women enjoy motherhood and enhance their chances of conception even after undergoing treatments for cancer like radiotherapy or chemotherapy. She is regarded as the best IVF doctor in Bangalore. Dr. Arunima Haldar is a renowned reproductive endocrinologist and infertility specialist offering specialised services like IVF or In Vitro Fertilisation, IUI or Intra Uterine Insemination and transvaginal ultrasonography. She did her MBBS in 2010 from Kasturba Medical College and enrolled on the MD Residency program in Obstetrics & Gynaecology specialisation in 2015. She acquired a fellowship from the National Board in Reproductive Medicine where she single-handedly performed procedures like HSG, hysteroscopy, Doppler studies, transvaginal ultrasonography, and IUI. She has also assisted cases that dealt with embryo transfers, oocyte retrieval, and ovarian stimulation. She also specialises in offering patient counselling. She has presented research papers on the recent trends in predicting BHCG for pregnancy rates in clinics and on embryo transfers based on blastocyst scores. She has attended various national and international conferences. She got the second prize for her paperwork during the Life Conference held in 2016. She is known to interact in Kannada, Hindi, Bengali, and English. Her clinical practice began as a Senior Resident in Columbia Asia Hospitals Pvt. Ltd., and she handled caesarean deliveries, IPA and IPD patient management, and normal deliveries. She also worked as a consultant in Reproductive Medicine at the Milann Fertility Centre and as an IVF Consultant in the Cloudnine Group of Hospitals. She also holds membership in the Indian Medical Association and Indian Fertility Society. She has authored various chapters of popular textbooks on IVF, infertility, and clinical pregnancies. She was a part of the editor's group and is a peer reviewer at present for the International Journal of Infertility and Foetal Medicine. She has been featured in top newspapers and magazines like The Week and Deccan Herald.

Fellowship & Membership

- Members of Indian Society of Assisted Reproduction (ISAR)

- Indian Fertility Society (IFS)
- Indian Medical Association (IMA)

Field of Expertise

- IVF
- Infertility
- Reproductive endocrinology

Languages Spoken

- English
- Hindi
- Bengali
- Kannada

Awards & Achievements

- Awarded best outgoing student in reproductive medicine by BACC healthcare PVT LTD.

Talks & Publications

- Authored several chapters on infertility in various well-read textbooks of infertility. IVF and infertility
- Papers presented: trends of rising in bhcg as a predictor of outcome in IVF pregnancies
- Prediction of clinical pregnancy by combined blastocyst score in Multiple d5 embryo transfers.
- past resident editor of International Journal of Infertility and Fetal Medicine. Current Peer reviewer for same journal
- Dr. Arunima Halder on Birthing Depression | Deccan Herald.[Click Here](#)
- THE RIGHT DOSE Series: Dr Arunima Halder on "Breaking Down Barriers - Embracing motherhood beyond the biological clock with egg freezing" in THE WEEK. [Click Here](#)
- Dr. Arunima Haldar on Thinking of IVF Treatment? Know these Factors Affecting IVF Success and Associated Precautions | The Times of India. [Click Here](#)
- Dr. Arunima Haldar on Busting IVF Myths: Insights on the Truth | Bangalore Mirror.[Click Here](#)
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