

DR. AANCHAL KHEMANI

Associate Consultant - Paediatric Pulmonology and Sleep Medicine

Qualification

MBBS | DCH | DNB (Paediatrics) | Fellowship in Paediatric Pulmonology | Diplomate ERS - Paediatric Respiratory Medicine

Overview

Dr. Aanchal Khemani is a paediatric pulmonologist in Bangalore, currently practising as an Associate Consultant - Paediatric Pulmonology at Manipal Hospitals Varthur. With a decade of experience in paediatrics and over 7 years as a specialist, Dr. Khemani has demonstrated a deep commitment to providing exceptional care to children, particularly in the field of respiratory medicine. As a top paediatric pulmonologist in Whitefield, Dr. Aanchal routinely manages children with various respiratory illnesses like cystic fibrosis (CF), asthma, sleep disorders, invasive and non-invasive long-term ventilation, rare respiratory conditions such as primary ciliary dyskinesia (PCD), interstitial lung disease, bronchiectasis, and more. She plays a key role in interpreting lung function tests and performing bronchoscopies, demonstrating her technical expertise in the field. She is a foremost Consultant Paediatric Pulmonologist in Varthur Road Bangalore. On the academic front, Dr. Aanchal Khemani holds an MBBS degree from Rajiv Gandhi Medical College, followed by a Diploma in Child Health (DCH) from Indira Gandhi Government Medical College and a DNB - Paediatrics from Jehangir Hospital. Furthering her expertise, she completed a fellowship in Paediatric Pulmonology at Birmingham Children's Hospital, UK and earned a Diplomate in Paediatric Respiratory Medicine from the European Respiratory Society (ERS). Dr. Khemani also pursued advanced certifications, including a Diploma in Paediatric Sleep Medicine from the Centre for Global Health, Global Chest Initiatives, and Shishuka Children's Speciality Hospital. The dedication of Dr. Khemani to paediatric care is reflected in her compassionate approach, fostering trust with both young patients and their families. She has completed specialised courses in Allergy and Asthma, enhancing her ability to manage complex paediatric respiratory conditions. Her academic accomplishments include the completion of the Foundation of Practice and Applied Knowledge in Practice examinations of the MRCPCH, conducted by the Royal College of Paediatrics and Child Health. Dr. Aanchal Khemani is a skilled and compassionate paediatric pulmonologist in Bangalore with a rich academic and clinical background. Throughout her career, she has been recognised for her academic excellence, winning numerous awards, including the "Late B.G. Deopujari Excellence Award" for her outstanding performance in the DCH exam. Her focus on delivering high-quality care, combined with her commitment to education and research, makes her a valuable asset to the medical fraternity.

Fellowship & Membership

- Fellowship in Paediatric Pulmonology and Sleep Medicine (Birmingham Women's and Children's NHS Foundation Trust, UK)
- European Diploma in Paediatric Respiratory Medicine
- Indian Academy of Paediatrics Registration No. L/2021/K-3200
- IAP National Respiratory Chapter Life member No. R-01805
- European Respiratory Society member
- Indian Chest Society member No. L-3619
- Karnataka Medical Council Registration No. MAH 2014 0001198 KTK
- Maharashtra Medical Council Registration No. 2014052466
- General Medical Council, UK Registration No. 7996423

Field of Expertise

- Asthma and Allergy.
- Cystic Fibrosis.
- Paediatric Sleep Medicine, including Management of Obstructive Sleep Apnea and other Sleep-related issues.
- Paediatric Flexible Bronchoscopy for diagnostic and therapeutic interventions.

Languages Spoken

- English
- Hindi
- Marathi
- Marwadi
- Gujarati

Awards & Achievements

- Gold Medalist - Diploma in Child Health, Rank 1 in the state of Maharashtra in 2017.
- Late B.G. Deopujari Excellence Award" given by the Pediatrics Intensive Care chapter, Nagpur, in July 2017 for Academic Excellence in the D.Ch Exam.
- Recipient of J.R.D. Tata Scholarship in First, Second, Third and Final Year MBBS.

Talks & Publications

- Paper Presentation in a unique 'Pecha Kucha' style of presentation at RCPCH March 2024 in Birmingham titled "Dear Colleague, please perform Spirometry/FeNO test to confirm the diagnosis of asthma.." under the guidance of Dr Prasad Nagakumar. This abstract reflected the need for objective testing in the diagnosis and management of asthma and got selected amidst 800+ abstracts that were submitted for review. It was one of the top 9 scoring abstracts and got a place in the plenary session of the conference. It was also eligible for the Michael Blacow Award.
- Attended and presented a talk on "A Multicentre Review of Paediatric Asthma Diagnosis and Initial Management in Secondary Care" at the WestMidlands Paediatric Severe Asthma Network Annual Meeting 2023.
- Correlation of Indoor Air Pollutants with Pulmonary Function Test in Children Residing in Biomass Fuel using Rural Houses of Central Karnataka" - Journal of Pediatric Pulmonology, Jan-Apr 2024.
- Poster: "Dear Colleague, please perform Spirometry/FeNO test to confirm the diagnosis of asthma.." at the 10th KJP Paediatric Respiratory Conference in London on 11th-12th April 2024.
- Paper Presentation at RESPICON MIDTERM 2022 in May 2022 on "Prospective observational study to determine the relation between particulate matter load and Pulmonary Function Test in children residing in biomass fuel using rural houses of Central Karnataka
- Dissertation : Prospective Observation Study of the Clinical Profile of Neonates Born to Mothers with Thyroid Disorders and Correlation with their Outcome under the guidance of Dr. Raj Ganacharya.
- Poster: Febrile Infection Related Epilepsy Syndrome (FIREs): A rare Cause Of Super Refractory Status Epilepticus at the "International Child Neurology Congress" held in Mumbai in November 2018 under the guidance of Dr Sanjay Bafna.
- Cases: "Persistent Fever and Jaundice" at "Hepaticon" held in Mumbai in February 2020 under the guidance of Dr. Y.K.Amdekar."