



DR. PALLAVI JOSHI

Consultant - Psychiatrist

Qualification

MBBS | M.D. Psychiatry | D.P.M (C.P.S)

Fellowship & Membership

- Fellow of Indian Psychiatric Society.
- Life member of Indian Medical Association.
- Fellow of Indian Association of Private Psychiatry.

Field of Expertise

- Certificate course in the Essentials of Palliative Care conducted by the Indian Association of Palliative Care.
- Certificate courses in Perinatal Psychiatry.
- Certificate courses in Rationalized Behavior Therapy.
- Certified Hypnotist trained in various models of counselling including REBT, CBT, and Psychoanalysis.
- Areas of Interest - Corporate and Media Psychiatry, Psycho-oncology, Onco-Psychiatry, Women's Mental Health

Languages Spoken

- English
- Hindi
- Marathi

Awards & Achievements

- MD Psychiatry GOLD MEDAL.
- Selected for the Early Career Mental Health Program, a training workshop run by Dr. Norman Sartorius, one of the Stalwarts in Psychiatry.
- Was one of the sixteen Psychiatrists selected from all over India (2014).
- A.K. Naik Best Paper Award.
- Bombay Psychiatric Society on the Psychopathology In Female Prisoners (2011).

- Zonal winner (Maharashtra, Goa, Gujarat) in Torrent Young Scholar Award (2008).

Talks & Publications

- Guest speaker for First International Conference on Menstrual Health - "Period Junction", held in Bengaluru, 2020.
- Oral presentation at CPD (Continued professional development for Clinicians in Psychiatry group), South West London, England on Attitudes of Medical Students Towards Psychiatry.
- Guest speaker for National Seminar on Surrogacy held by Samanvay Samiti, India on Psychiatric and Psychological Aspects Relevant to Surrogacy.
- Multiple other talks at National and International Conferences and Corporates.
- Joshi, P., Kukreja, S., Desousa, A., Shah, N. and Shrivastava, A., 2014, Psychopathology and other contributing stressful factors in female offenders: An exploratory study. Indian Journal of Forensic Medicine & Toxicology, 8(2), 149-155.
- Shankar, R., Laugharne, R., Pritchard, C., Joshi, P. and Dhar, R., 2011, Modified Attitudes to Psychiatry Scale Created using Principal-Components Analysis. Academic Psychiatry, 35, 360-364.
- Two books related to Psychiatry were published in Marathi in 2013 & 2019.
- Uncomfortably numb: 154 days after the 'Janta curfew', fatigue is showing in Bengalureans, Dr. Pallavi Joshi, consultant psychiatrist Whitefield Manipal Hospitals [Click Here](#)
- Coronavirus pushes mental health services to back burner - Dr. Pallavi Joshi, Consultant- Psychiatrist, Manipal Hospitals Whitefield [Click Here](#)
- Role of Stagnation in Well-being - Dr. Pallavi Joshi, Consultant Psychiatrist, Manipal Hospital Varthur Road. [Click Here](#)
- Prescriptions for depression and anxiety among young adults are on the rise - Dr. Pallavi Joshi, Consultant Psychiatrist, Manipal Hospital Varthur Road. [Click Here](#)
- Budget Reaction from Healthcare Sector - Dr. Pallavi Joshi Consultant Psychiatrist Manipal Hospital Varthur Road. [Click Here](#)
- Dr. Pallavi Joshi on Happy Mother's Day: Fighting alone, single moms in Karnataka beat all odds | The New Indian Express | International Mother's Day. [Click Here](#)
- Dr. Pallavi Joshi on Alone together | Bangalore Mirror. [Click Here](#)
- Dr. Pallavi Joshi on Bagalkot: Doctors remove 187 coins from man's stomach | Hindustan Times. [Click Here](#)
- Understanding how Heat Waves Can Affect Pregnant Women: 'Climate change is only Increasing their Vulnerability | Dr. Namita Kapoor and Dr. Pallavi Joshi's Industry Quotes Carried in The Indian Express & Other Publications. [Click Here](#)
- Coping with Bipolar Disorder at Work: Best Practices for Success | Dr. Pallavi Joshi, Consultant Psychiatrist, Manipal Hospitals Varthur | News 18. [Click Here](#)
- Is your teen waiting for a DM from a celebrity? Then it's time to see a psychiatrist | Dr. Pallavi Joshi | The Indian Express | Manipal Hospitals Varthur Road. [Click Here](#)
- Alia Bhatt takes post-partum therapy: Why should every new mother go for it? | Dr. Pallavi Joshi | The Indian Express. [Click Here](#)
- Dr. Pallavi Joshi on Father's Day 2023: Mental Health Tips for Single Dads | Hindustan Times. [Click Here](#)
- Dr. Pallavi Joshi on Mental Health Matters: Expert Answers FAQs About Antidepressants | Only My Health. [Click Here](#)
- Manipal Hospitals, Kolkata: Dr. Soumya Das on 'Bronchitis' cough is different from normal cough, know its common symptoms. [Click Here](#)