



COL(DR.) ARADHANA SOOD

Consultant - Dermatology

Qualification

MD (Dermatology, venereology & Leprosy) | DNB (Dermatology & Venereology)

Overview

Dr. Aradhana Sood is a consultant dermatologist in Yelahanka, Bangalore. She is currently practising as a Consultant - Dermatology at Manipal Hospital Yelahanka, Bangalore. With over 27 years of experience, she has expertise in clinical, paediatric, and cosmetic dermatology, along with dermatopathology and leprosy management. Throughout her illustrious career, she has served in diverse and challenging environments, from the remote terrains of Assam and Ladakh to large multispecialty hospitals in Delhi, Pune, Lucknow, and Bengaluru. Her expertise encompasses comprehensive dermatology, cosmetology, dermatosurgery, and tele-dermatology, with a particular focus on the interface between dermatology and systemic diseases. Her clinical practice at Manipal Hospital Yelahanka is rooted in evidence-based medicine, patient-centred care, and multidisciplinary collaboration. Dr. Aradhana's areas of special interest include paediatric dermatology, oncodermatology, dermatopathology, leprosy, artificial intelligence in dermatology, and telemedicine. She is especially known for her integrative approach to managing complex dermatological cases that overlap with internal medicine, oncology, and immunology. She also performs a wide range of dermatological and cosmetic procedures such as chemical peels, acne scar management, and skin biopsies, offering holistic and result-oriented care to her patients. A passionate academician and researcher, Dr. Aradhana has held the positions of Professor and Head of the Department of Dermatology. During her tenure, she established undergraduate research initiatives, spearheaded departmental automation, and contributed to over 40 national and international publications in peer-reviewed journals. Her research spans topics like dermatopathology, autoimmune skin disorders, and novel diagnostic techniques such as liquid-based cytology for pemphigus and FNAC of nerves for leprosy. Beyond clinical and academic excellence, Dr. Aradhana has demonstrated strong leadership as an administrator and innovator. She has been instrumental in integrating technology and telehealth into dermatology workflows across various medical centres, enhancing accessibility and continuity of care. Dr. Aradhana's career reflects her unwavering commitment to quality healthcare, professional integrity, and patient welfare. Her ability to bridge clinical expertise with innovation and compassion continues to inspire both patients and peers alike. Today, as one of the best dermatologists in Yelahanka, she remains deeply dedicated to advancing dermatological care and empowering patients with knowledge and confidence in their treatment journey.

Field of Expertise

- Clinical Dermatology
- Trichology
- Regenerative Dermatology & Cosmetology
- Chemical Peels & Acne Scar Management

- Paediatric Dermatology
- Leprosy And Sti Management
- Dermatopathology

Languages Spoken

- English
- Hindi
- Punjabi

Talks & Publications

- 40 National & International Publications.