

DR. PREETHITHA BABU

Consultant - Plastic Surgery

Qualification

MBBS | MS (General Surgery) | MCh (Plastic Surgery)

Overview

Dr. Preethitha Babu is a highly skilled and board-certified plastic and reconstructive surgeon in Yelahanka, currently practising as a Consultant – Plastic and Reconstructive Surgery at Manipal Hospital Yelahanka, Bangalore. With over 8 years of extensive experience in tertiary care, she is recognised among the best plastic surgeons in Yelahanka, known for her precision in microsurgical reconstruction, oncoplastic breast surgery, trauma management, and aesthetic procedures. Her expertise extends across a diverse range of reconstructive techniques, including complex microvascular surgeries, whole-breast reconstructions, trauma and burns management, and advanced laser and scar correction. Dr. Preethitha is deeply committed to providing compassionate, evidence-based care that prioritises both functional recovery and aesthetic harmony, ensuring each patient receives individualised treatment tailored to their unique needs. Dr. Preethitha's medical journey started with an MBBS from M.S. Ramaiah Medical College, Bangalore, followed by an MS in General Surgery from Bangalore Medical College and Research Institute. Her keen interest in plastic surgery led her to pursue an MCh in Plastic Surgery from the prestigious Jawaharlal Institute of Postgraduate Medical Education and Research (JIPMER), Puducherry and honed her surgical precision and reconstructive excellence. Her training also included specialised courses such as the Ganga Hand Operative Course in Coimbatore and the ETHICON Accredited Plastic Surgery Course in Bangalore, both of which strengthened her practical expertise in hand, trauma, and reconstructive techniques. Dr. Preethitha's clinical acumen covers a wide spectrum of plastic and reconstructive procedures. She specialises in reconstructive microsurgery, oncoplastic breast surgery, trauma and hand reconstruction, burns management, and laser-based scar correction. Her approach combines surgical precision with an artistic understanding of form and function, particularly in reconstructive breast surgeries where restoring confidence and body image is paramount. As one of the leading plastic surgeons in Yelahanka, she is known for her patient-centred approach, meticulous surgical planning, and ability to deliver seamless aesthetic and reconstructive outcomes. Her professional journey reflects her dedication to surgical innovation and excellence. Over the years, she has played a vital role in developing reconstructive protocols, mentoring young surgeons, and leading multidisciplinary teams in tertiary care settings. At Manipal Hospital Yelahanka, she continues to provide high-quality reconstructive care, particularly in microvascular surgeries for cancer-related defects, trauma, and congenital anomalies. She is equally skilled in addressing acute injuries such as fingertip, tendon, and hand trauma, employing the latest reconstructive techniques to ensure optimal recovery and function. Dr. Preethitha has also contributed significantly to academic research and publications. Her papers, featured in reputed journals like the Indian Journal of Surgical Oncology, Journal of Cosmetic and Laser Therapy, and Indian Journal of Plastic Surgery, focus on innovative reconstructive approaches and scar management techniques. Her work on Oncoplastic Breast Surgery and the comparative efficacy of intense pulsed light versus silicone gel in scar treatment has been well recognised within the medical community. She has presented at several national and international conferences, sharing insights on breast reconstruction, periocular injuries, and microvascular surgery. Throughout her career, she has received several accolades, including being named the Best Outgoing Student during her MBBS and earning recognition for her academic and clinical contributions at prestigious surgical conferences. Her ability to combine advanced reconstructive skills with a patient-first philosophy continues to make her one of the best plastic and reconstructive surgeons in Yelahanka, trusted by patients for both reconstructive and aesthetic needs. At Manipal Hospital Yelahanka, Dr. Preethitha Babu remains dedicated to restoring form, function, and confidence through advanced plastic and reconstructive surgical care. Her philosophy is rooted in precision, empathy, and excellence, ensuring every patient experiences the highest standard of treatment and recovery.

Field of Expertise

- Reconstructive Microsurgery
- Oncoplastic Breast Surgery and Whole Breast Reconstruction
- Trauma and Hand Reconstruction
- Acute Trauma Management, including fingertip, hand, and tendon injuries
- Laser and Scar Management
- Burns Management

Languages Spoken

- English
- Kannada
- Hindi
- Telugu
- Tamil

Awards & Achievements

- Best Outgoing Student (Overall Academics), MBBS, 2011.
- 2nd Best Poster- Indo British Masterclass in Oncoplastic Breast Surgery (2016).

Talks & Publications

- Oncoplastic Breast Surgery: a Single-Institution Experience. Indian Journal of Surgical Oncology. 2023.
- Intense pulsed light vs silicone gel sheet in the management of hypertrophic scars: an interventional comparative trial in the Indian population. Journal of Cosmetic and Laser Therapy. 2019.
- Five "Ds" of plastic surgery. Plastic and Aesthetic Research. 2017.
- Proposal of a new classification scheme for periocular injuries. Indian Journal of Plastic Surgery. 2017.
- Single strut reconstruction of central mandible defects - KAPRASCON (2023).
- Paper presentation on Oncoplastic Breast Surgery - APSICON (2021).
- Poster presentation on Angiosomes of the Breast and their Supply to the Breast Flaps during oncoplastic breast surgery - Indo British Masterclass in Oncoplastic Breast Surgery (2016).
- Paper presentation on Oncoplastic breast surgery - APSICON (2015).